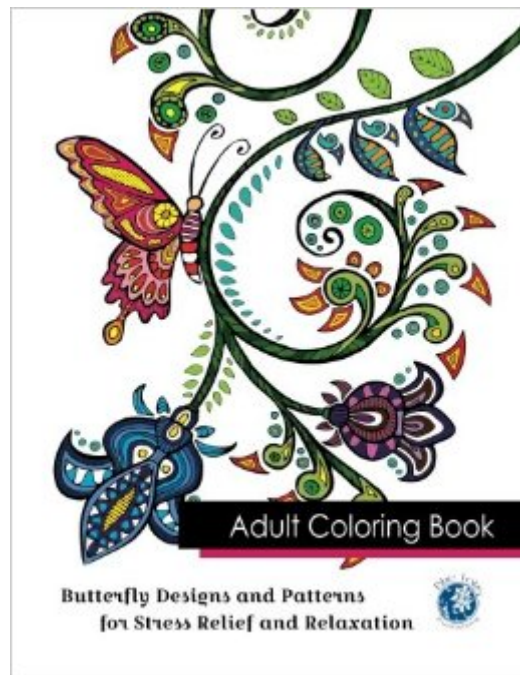


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# Adult Coloring Book: Butterfly Designs And Patterns For Stress Relief And Relaxation



## Synopsis

A Butterfly Adult Coloring Book Although a common sight in one's garden, butterflies are among the most beautiful animals found in nature, leaving us enchanted by their graceful elegance. Explore your creative side with this coloring book for adults featuring 32 stress relieving designs including stylized illustrations (some inspired by henna art) as well as a few realistic ones set in a background of flowers. This 8.5x11 book is printed single-sided and with designs that vary in complexity with easy patterns for beginners and more challenging ones for advanced colorists. It's no secret that life can get hectic and adult coloring books are the best hobby for unwinding and relaxing.

## Book Information

Paperback: 80 pages

Publisher: Blue Lotus Publishing (May 20, 2016)

Language: English

ISBN-10: 0692672397

ISBN-13: 978-0692672396

Product Dimensions: 8.5 x 0.2 x 11 inches

Shipping Weight: 9.3 ounces

Average Customer Review: 4.9 out of 5 stars See all reviews (18 customer reviews)

Best Sellers Rank: #631,100 in Books (See Top 100 in Books) #14 in Books > Science & Math > Nature & Ecology > Field Guides > Insects & Spiders #38 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Framing #320 in Books > Science & Math > Biological Sciences > Animals > Insects & Spiders

## Customer Reviews

This is a wonderful book full of 32 different designed butterfly pages that varies in both small and large areas. The paper is thick enough for any medium you may choose: colored pencils, markers or gel pens. The inside of the book recommends you use coloring pencils and offer a test page, which I found really helpful as most books don't add that inside. However, so far I have found as long as you put a page or two under the page you're working on or one thick piece it will not bleed through. Best yet, you will never have to worry about it getting on to the next coloring page. The book itself offers a table of contents in the first few pages so you are able to see what pages are within the book and which page so you do not necessarily have to flip through the whole book. This is a first for me out of the numerous adult coloring books that I own and have purchased and find it

is a nice thing to have. Before getting this book I had never heard of this publishing company, so I was excited to see what this book had to offer and it has not disappointed so far! I love the intricate-fun details in this coloring book and all of the different butterflies. It truly has a little for everyone! I have never colored butterfly's much before now and yet now I'm loving it. So far I've only used prisma color premier colored pencils and gel pens and both work well and lay down nicely on this paper. Especially the prisma's! The design just pops off the page when you use those colored pencils like any adult coloring book you may use them in. Overall, I'm very happy with this book and have enjoyed coloring it. Easily I would recommend this to anyone who is new to adult coloring and loves butterflies or anyone who is looking for a fun new book to add to their growing collection.

Personally, I am one who has never given up on a childhood passion of coloring. It has carried me through decades in relieving stress and great for relaxation and I'm almost sixty! I am loving how people are rediscovering a lost art of releasing an inner artist without the downfall of coloring cartoon characters like we did as children but moving onto beautiful pleasures. I have found a remarkable gem in this my favorite theme of butterflies. Butterflies flit and flutter causing relaxation in just watching their movements and so will those who delight in coloring these delicate creatures within the pages of this amazing book. The pictures are perfect for getting the creative juices flowing. The paper has a soft, comfortable feel as your hand glides across the page, allowing one to become lost in their own masterpiece. The 32 designs are detailed to perfection of not detailed enough to lose concentration nevertheless intricate enough to allow stressful emotions to roll away, which is better than most other coloring books for adults that have a tendency of being too simple. Experiment on the test pages for your favorite media as colored pencils are recommended, however I found I could easily be old school and use my favorite crayons. I highly recommend this beautiful book for chasing stress away and relaxing in the calmness of God's creation of butterflies and flowers.

This adult coloring book features the best butterfly images. The pages are full of time-consuming coloring that will sweep away any stress, anger, or other strong emotions. It also helps me as a busy student relax. There are so many intricate designs to fill in with an assortment of colors that the images come to life as I am busy coloring them in... Anyone who loves nature, insects, flowers and most of all butterflies will love this new adult coloring book. I definitely liked the arrangement and variety that was offered within this book. Overall, I would highly recommend this to others everywhere. Fun, exciting, and completely relaxing. Definitely, a must have!

I love the butterfly patterns on this book. The designs are very intricate. I was never into coloring books. Just looking for something to take my mind off everything. I just use crayons to color. Focusing your mind on those lines and the color can actually relieve stress. The book came in intact. The front cover had a little fold at the bottom but still looks good. This has become my favorite past time.

Recently got into the world of coloring. I admit, it is a very nice way to relax and relieve stress. I am still on the process of getting more books that are fun to color and this one has beautiful and exquisite butterfly patterns. I plan on getting a set of Prismacolor pens to partner with this coloring book and start my coloring adventure. This coloring book features 32 butterfly/flower patterns to and all of them will surely look amazing in color. I find it nice that there are some test pages included that I can use to mix colors or see how each color will look like on paper. I'm super excited to start coloring these beautiful butterflies soon. Here are some pages of the book to show people how nice the patterns are. They look challenging but is surely worth the time.

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